

The Counseling and Cooperative Parenting Center of Ohio, LLC (CCPC-Ohio)

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Children Experiencing Divorce will be facilitated by Cara Metz, MA, PCC, a licensed professional counselor who has experience in group work with children and adults.

Children Experiencing Divorce

This group helps children ages 8-12 understand what divorce means, how to deal with changes that come with divorce and who to hope with their feelings related to their parents' divorce, all in an environment of support and sharing with other children who are experiencing similar feelings. This is a bi-weekly group that will incorporate fun and education to help your child grow and learn how to handle his or her parents' divorce. Potential group members must complete an assessment. The one hour assessment is \$75, group sessions are \$30 per session.